

## External Vaginal Application

### Introduction:

Medications applied to the outside of the vagina can be used to treat many conditions including decreased sex drive, treatment of local infections, inflammatory related diseases and to replace hormones you may be missing.

- **Benefits of external vaginal application:**
  - Applying medication to the external vagina can provide local effects to the area.
  - Labia application of medications may reduce the risk of side effects of some medications and reduce absorption of the medication to the rest of your body.
- **Limitations of external vaginal application:**
  - Use of some vaginal preparations may soil undergarments.
  - Use of vaginal preparations may cause some local irritation to the vaginal area. If this occurs, contact your provider.

### Step-by-step Administration:

Before using this medication, be sure to review the instructions listed on your medication label. If you have any questions about the instructions, or they look different from last month and you did not discuss a change with your provider, please contact us.

### **Use the following instructions to get the most benefit from your medications:**

Using your finger or included device, apply the prescribed amount of medication to the labia/vulva or as directed by your physician.

### Helpful Hints:

- Medications applied vaginally may cause latex condoms to break. Use of an additional form of birth control is advised.
- If this medication has been prescribed to treat an infection, ask your provider if you should resume regular sexual activity.
- Medications (libido creams) used to treat sexual dysfunction are designed to be used before and during sexual activity.
- Wash your hands with soap and warm water before and after each use. Do not touch your eyes, mouth, or nose after applying without washing your hands.
- Using gloves to apply this medication can reduce the risk of accidental exposure to others. After applying the medication, remove the glove by turning it inside out without touching any medication with your bare skin and discard in trash.
- To avoid soiling of clothes, wait until the medication is dry or absorbed before dressing.
- Store your medication in a cool, dry area, away from sunlight unless otherwise instructed. If you have pets or small children, store your medication and waste (such as gloves) in a secure location that is out of their reach.
- For more information and videos on how to apply your medications and the devices used to measure your medication, please visit our website at <http://www.pharmacysolutionsonline.com>.

**Please contact Pharmacy Solutions at 734-821-8000 or toll free at 877-797-6567 with any questions, concerns, or for prescription refills.**