

## Intravaginal Application



### Introduction:

Medications are applied intravaginally to treat many conditions including decreased sex drive, treatment of local infections, and to replace hormones that your body may be missing.

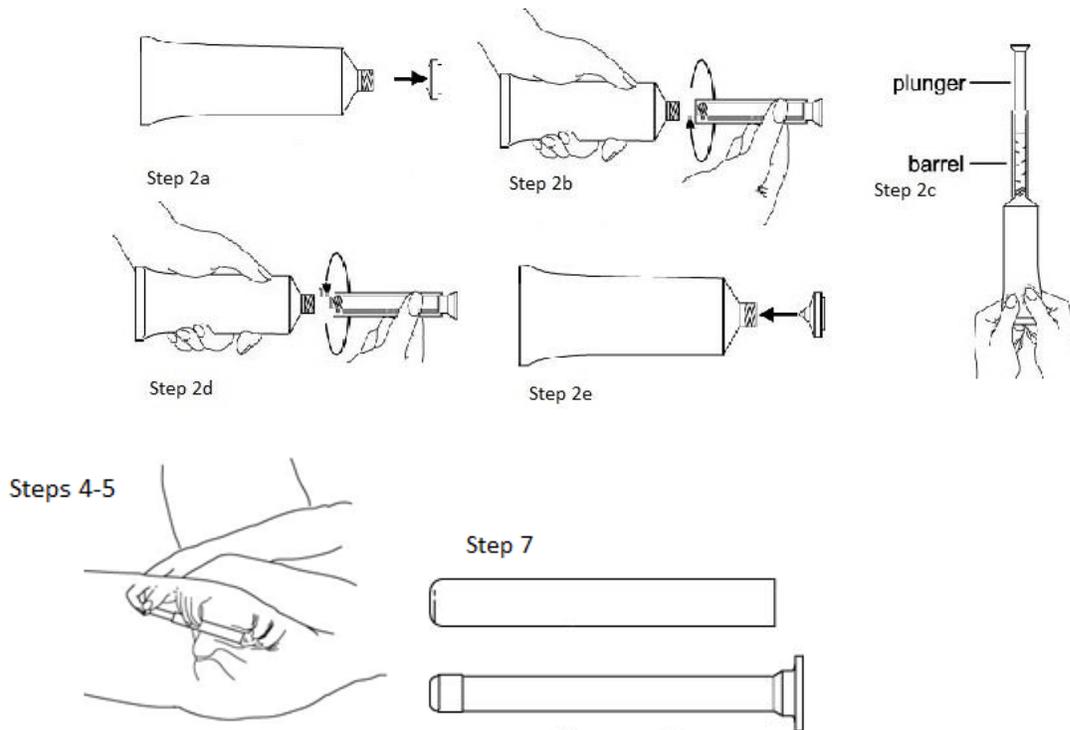
- **Benefits of using intravaginal preparations:**
  - Intravaginal application can provide treatment directly to the vagina or may provide better absorption of certain medications.
  - Intravaginal application may reduce the risk of side effects of some medications and reduce absorption of the medication to the rest of your body.
- **Limitations of intravaginal preparations:**
  - Use of some vaginal medications may soil undergarments.
  - Use of vaginal applications may cause irritation to the vaginal area. If this occurs, contact your provider.

### Step-by-Step Administration:

Before using this medication be sure to carefully review the instructions listed on your medication tube. If you have any questions about the instructions, or they look different from last month and you did not discuss a change with your provider, please contact us.

#### ***Use the following instructions to get the most benefit from your medications:***

1. For first-time use remove the plastic wrap from the vaginal applicator.
2. Draw up the prescribed amount of medication with the applicator using the following steps:
  - a. Unscrew the cap of the tube containing your medication.
  - b. Attach the applicator to the tube by twisting the tip of the applicator onto the tube clockwise until it is firmly attached.
  - c. Squeeze the tube, and fill the applicator until the black line that matches your dose is level with top of the applicator.
  - d. Remove the tube from the applicator by twisting it counterclockwise.
  - e. Replace the cap on the tube containing your medication.
3. Remove clothing from waist down, and relax while lying on your back, or in any position that you find comfortable.
4. Using one hand, insert the tip of the applicator slowly into the vagina, stopping before it becomes uncomfortable, similar to inserting a tampon.
5. Continue to hold the device and use your other hand to press the plunger until it stops.
6. Remove the entire applicator from the vagina. The medication will remain in the vagina.
7. Separate the plunger from the applicator and wash it with dish soap and warm water. Set it aside to dry for the next use.



### Helpful Hints:

- When applied intravaginally, some medications may cause latex condoms to break. Use of an additional form of birth control is advised.
- Avoid intercourse for 12 hours following use unless otherwise instructed.
- Wash your hands with soap and warm water before and after each use. Do not touch your eyes, mouth, or nose after applying without washing your hands.
- Using gloves to apply this medication can reduce the risk of accidental exposure to others. After applying the medication, remove the glove by turning it inside out without touching any medication with your bare skin, and discard it in the trash.
- To avoid soiling of clothing, wait until the medication is dry to put clothing on.
- You may use a feminine pad or pantyliner to protect your undergarments. Do not use tampons while using this medication.
- Store your medication in a cool, dry area, away from sunlight unless otherwise instructed. If you have pets or small children, store your medication and waste (such as gloves) in a secure location that is out of their reach.
- For more information and videos on how to apply your medications and the devices used to measure your medication, please visit our website at <http://www.pharmacysolutionsonline.com>.

**Please contact Pharmacy Solutions at 734-821-8000 or toll free at 877-797-6567 with any questions, concerns, or for prescription refills.**