

Topical Pump



Introduction:

The topical pump is a device that can be used to apply a variety of creams and lotions to the skin including naltrexone, pain medications, or hormones.

- **Benefits of using Topical Pumps:**
 - Pumps are a simple, mess-free way to dispense medication, allowing for easy transportation and use.
 - Provides simple and accurate application, delivering 0.5 mL per pump.
 - An air-tight design helps protect medication from drying or separating.
 - Meets airline carry-on regulations.
- **Limitations of using Topical Pumps:**
 - To deliver the prescribed amount of medication, you must be able to fully press down the pump, which requires moderate dexterity and hand strength.
 - If you have any difficulties using this device please contact us.

Step-by-step Administration:

Before using this medication be sure to carefully review the instructions listed on your medication bottle. If you have any questions about the instructions, or they look different from last month and you did not discuss a change with your provider, please contact us.

A note on priming topical pumps:

At Pharmacy Solutions, we take measures to make sure that your device is ready to use as soon as you receive it, but occasionally the medication can shift during shipping. If medication does not come out of the topical pump with the first pump, prime the device by fully pushing down on the pump several times until a small amount of medication comes out. Wipe it up with tissue and throw the tissue away, you are now ready to measure your dose.

Use the following instructions to get the most benefit from your medications:

1. Remove the clear cap, located at the top of the pump. Do not throw away this cap.
2. Aim the tip of the pump at your wrist, or gloved fingertip, and press down on the top of the pump until it cannot be pressed down further.
3. Allow the pump to return to its original position and repeat for the prescribed number of pumps.
4. Use wrist or gloved fingertip to rub in the medication onto the prescribed area, as directed by your provider.
5. To clean the pump, wipe any excess medication with tissue.
6. Replace the cap, pushing on it until you hear or feel it click.



Helpful Hints:

- Wash your hands with soap and warm water before and after each use. Do not touch eyes, mouth, or nose after applying without washing your hands.
- Using gloves to apply this medication can reduce the risk of accidental exposure to others. After applying the medication, remove the glove by turning it inside out without touching any medication with your bare skin, and discard it in the trash.
- Applying the medication directly to your wrists instead of your fingertips and using your wrists to rub it in can reduce the risk of accidental exposure to others.
- Some topical medications may soil your clothing. To avoid this, wait until the medication is dry to put on your clothing.
- Rub the medication in well and avoid showering or exercise within 4 hours of applying.
- Store your medication in a cool, dry area, away from sunlight unless otherwise instructed. If you have pets or small children, store your medication and waste from this medication (such as gloves and empty devices) in a secure location that is out of their reach.
- For more information and videos on how to apply your medications and the devices used to measure your medication, please visit our website at <http://www.pharmacysolutionsonline.com>.

Please contact Pharmacy Solutions at 734-821-8000 or toll free at 877-797-6567 with any questions, concerns, or for prescription refills.